



This pilgrimage of love is an ongoing, lifelong journey of growth. This journey is not taken alone, but together with others as we **seek God's kingdom of justice.**

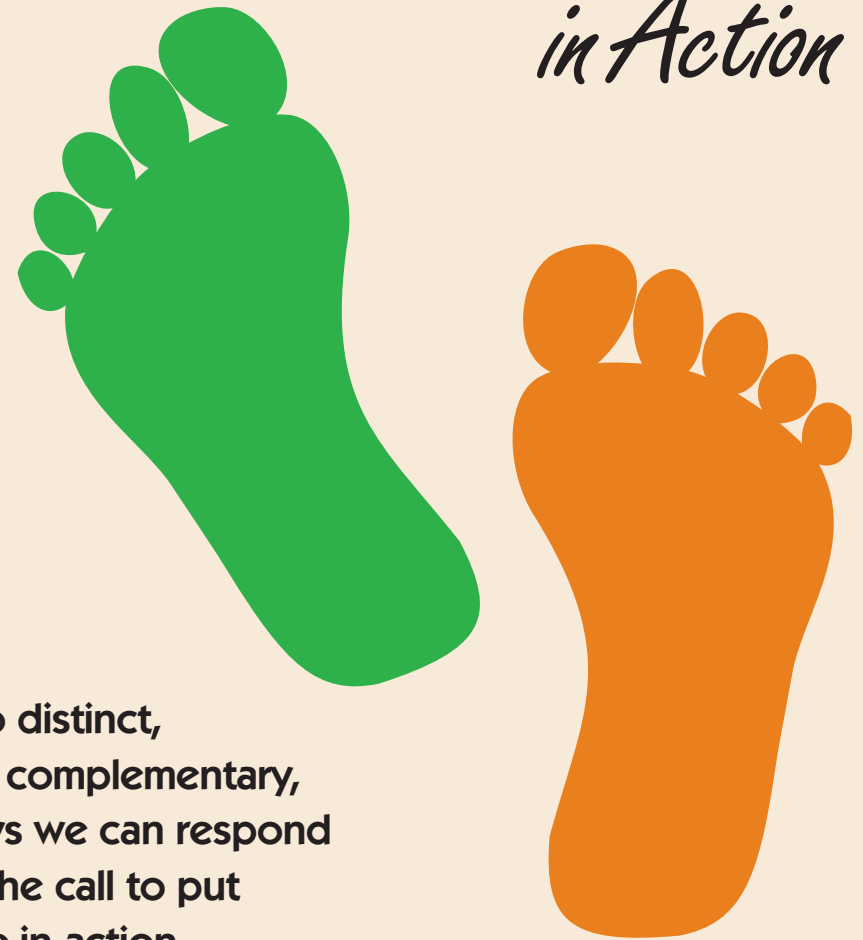
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# The **Two Feet of Love** *in Action*



Two distinct,  
but complementary,  
ways we can respond  
to the call to put  
love in action

Based on Pope Benedict XVI's recent encyclicals

Department of Justice, Peace and Human Development

United States Conference of Catholic Bishops

There are two different, but complementary, ways that we can walk the path of love, or caritas. We call these the “**Two Feet of Love in Action**,” based on Pope Benedict XVI’s reflections in **Deus Caritas Est (God is Love)** and **Caritas in Veritate (Charity in Truth)**.



**“Social justice** . . . concerns the social, political, and economic aspects and, above all, the structural dimension of problems and their respective solutions.”  
—*Compendium of the Social Doctrine of the Church*, no. 201



**“Christian charity** is first of all the simple response to immediate needs and specific situations: feeding the hungry, clothing the naked, caring for and healing the sick, visit those in prison, etc.”  
—Pope Benedict XVI, *Deus Caritas Est*, no. 31

Use the Two Feet to explain the different ways we put faith in action, including engagement in the political sphere. Download a free Two Feet facilitator’s guide, at [www.usccb.org/jphd](http://www.usccb.org/jphd) under “**Resources and Tools**.”