A photograph of Pope Francis in profile, wearing his white cassock and zucchetto, with his hands clasped in prayer. He is standing outdoors next to a tree trunk. The background is a soft-focus green lawn and a building.

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# Laudato Si' Week

May 19 - 26

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Eight Prayers for Eight Days 

# May 19

## Sunday: Ecological Conversion

Holy Spirit, You are God's presence in our hearts, bringing life, love and joy, like a caring Mother. You are in singing birds, hidden in vegetation, in the subtle fragrance of inconspicuous flowers... You are a Mystery, invisible, but powerfully influencing our life. We open our hearts to You. Please inspire us and give us wisdom, courage, and hope. Let us make use of our various talents and Your gifts.  
Amen.



# May 20

## Monday: Sustainable Transportation

**God, we ask for your guidance and protection in our daily journeys. May each step we take be an act of love and responsibility towards our planet and to all beings that inhabit it. Bless our paths, and help us to reach our destination safely and in harmony with creation. Amen.**



# May 21

## Tuesday: Sustainable Food

**God, we thank you for the bounty of the earth, which provides us with the food we need for our sustenance and well-being. Bless these gifts that we gratefully receive, and give us the wisdom and responsibility to care for and protect the earth that provides us with love and abundance. Amen.**



# May 22

## Wednesday: Renewable Energy

Lord, source of all wisdom and love, illuminate our hearts to recognize the richness of the renewable energies you have bestowed upon us. Inspire us to adopt and promote their use in our daily lives, decreasing our reliance on fossil fuels. Help us to care for our common home, fostering a cleaner and more sustainable future for all. Amen.



# May 23

## Thursday: Waste Reduction

God of love, show us our place in this world as channels of your love for all beings on this earth, for we are not only human beings, but also children of the earth. May we serve nature, which sustains life. Help us to share the fruits of the earth without selfishness so that all may prosper.  
Amen.



# May 24

## Friday: Water Conservation

**Almighty God, you who are present in the whole universe and in the smallest of your creatures, You who surround with your tenderness all that exists, pour out upon us the power of your love so that we may care for life and beauty. Teach us to discover the value of each and every thing, to contemplate with wonder, to recognize that we are deeply united with all creatures on our way to your infinite light. Amen.**



# May 25

## Saturday: Catechesis and Integral Ecology

Loving God, we ask you to bless our catechists with wisdom and patience as they share your Word with our communities. Strengthen them in their work of guiding others to a deeper understanding of your love and the importance of caring for your creation. May their dedication inspire all to live in harmony with your will, promoting justice and care for the environment. Amen.






# May 26

## Sunday: Reflection and Commitment

**O God, source of life and beauty, we ask your forgiveness for the damage we have caused to our planet and we promise to care for it with love and respect. Give us the strength and wisdom to take concrete actions that will protect Earth's fragility and promote harmony among all living beings. May our hands be instruments of healing and restoration, and may our decisions reflect a deep commitment to the well-being of our planet and that of generations to come. Amen.**



A photograph of Pope Francis in profile, wearing his white papal attire and zucchetto, standing in prayer with his hands clasped. He is positioned to the right of a large, textured tree trunk. The background is a soft-focus green lawn and a light-colored wall.

**Learn more about  
Laudato Si'  
and the call to care  
for our common home  
at [usccb.org](https://usccb.org)**