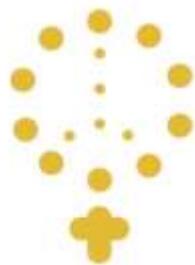


An Integrated Approach to Healing: Diocesan Project Rachel Ministries



project rachel

Peace starts here



Pope Francis – Jubilee Year of Mercy



Courtesy of CNS
Photo/Paul Haring



U.S. ABORTION STATISTICS

- ▶ 57 million children lost to abortion
- ▶ 35 million women lost aborted children
- ▶ 10 million Catholic women
- ▶ Roughly equal number of fathers
- ▶ Grandparents, siblings and others also affected



Pope Francis – Jubilee Year of Mercy

“From the heart of the Trinity, from the depths of the mystery of God, the great river of mercy wells up and overflows unceasingly.”

- *Misericordiae Vultus*, Bull Of Indiction of the
Extraordinary Jubilee Of Mercy, April 11, 2015



Bishops' Pastoral Plan

The U.S. bishops committed “the pastoral resources of the Church” to “the specific needs of ... those who have had or have taken part in an abortion” (no. 6).

- *Bishops' Pastoral Plan for Pro-Life Activities (1975)*



Project Rachel: Working Definition

Project Rachel, the Catholic Church's ministry to those who have been involved in abortion, is a diocesan-based network of specially trained priests, religious, counselors, and laypersons who provide a team response of care for those suffering in the aftermath of abortion. In addition to referring for Sacramental Reconciliation, the ministry provides an integrated network of services, including pastoral counseling, spiritual direction, support groups, retreats and referrals to licensed mental health professionals.

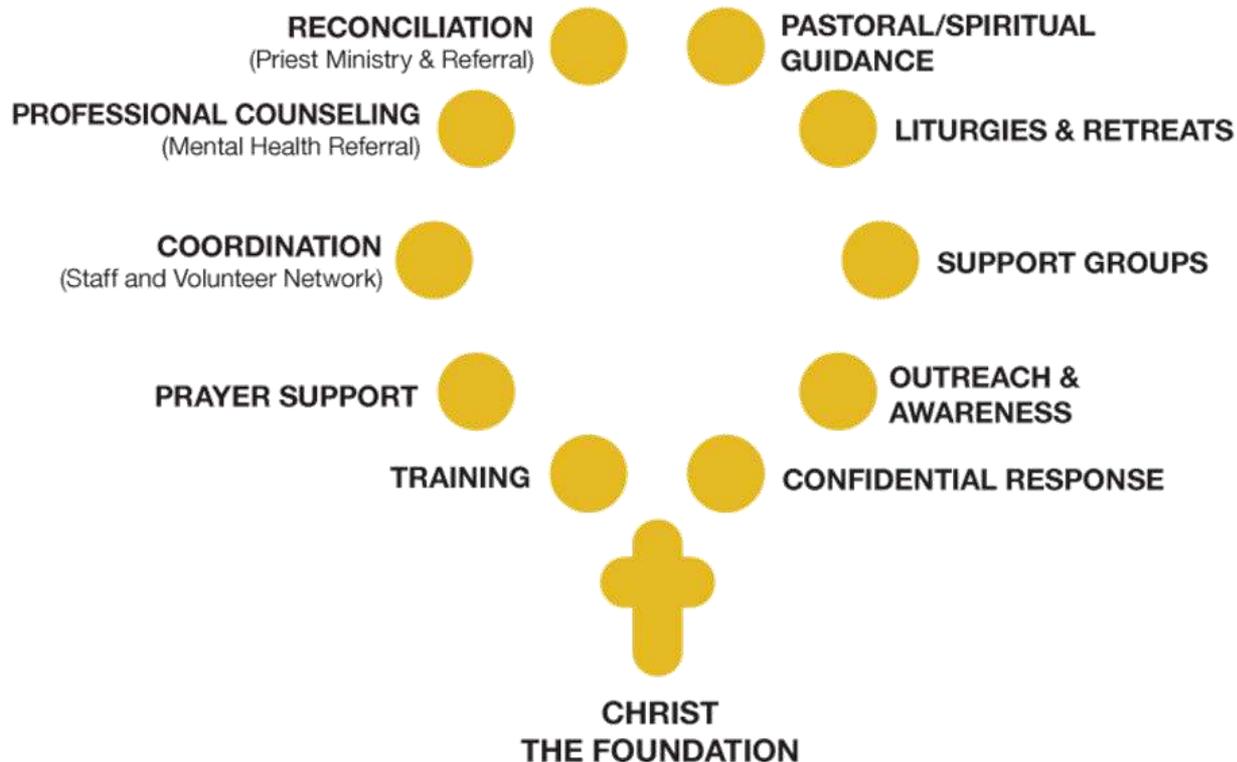


Key Ministry Elements:

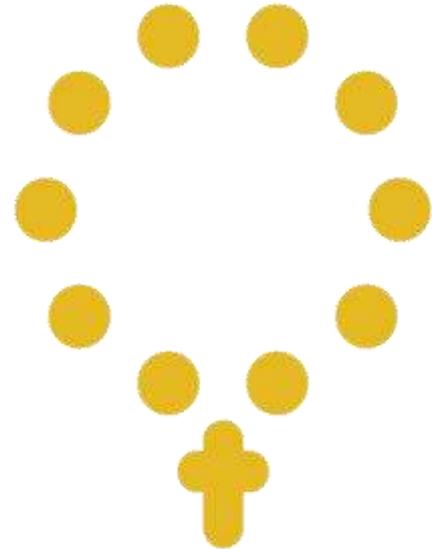
- ▶ the merciful love of Jesus Christ is at the heart of the ministry
- ▶ the ministry operates with approval and oversight of the bishop
- ▶ the ministry actively involves diocesan priests
- ▶ a confidential, designated “helpline” is answered by trained staff and/or volunteers
- ▶ the ministry provides an *integrated approach to healing*



PROJECT RACHEL MINISTRY: An Integrated Approach to Healing

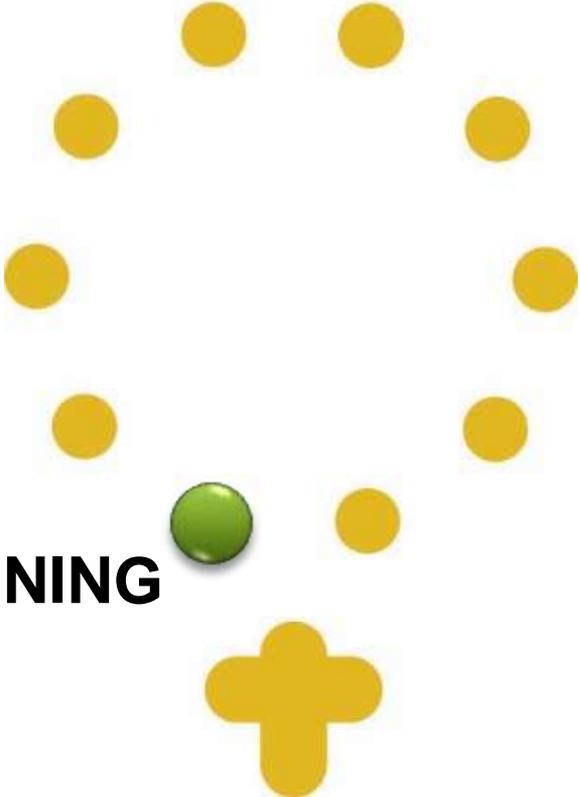


CHRIST IS THE FOUNDATION



**CHRIST
THE FOUNDATION**



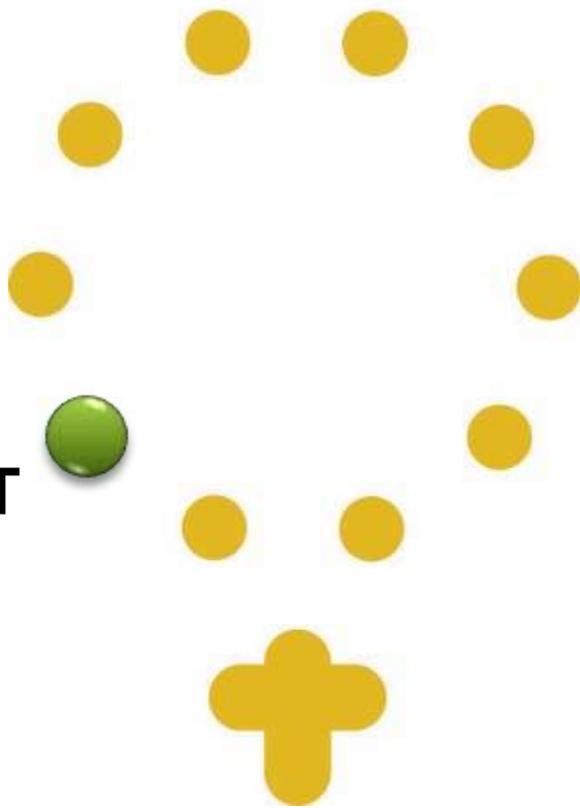


TRAINING

**CHRIST
THE FOUNDATION**

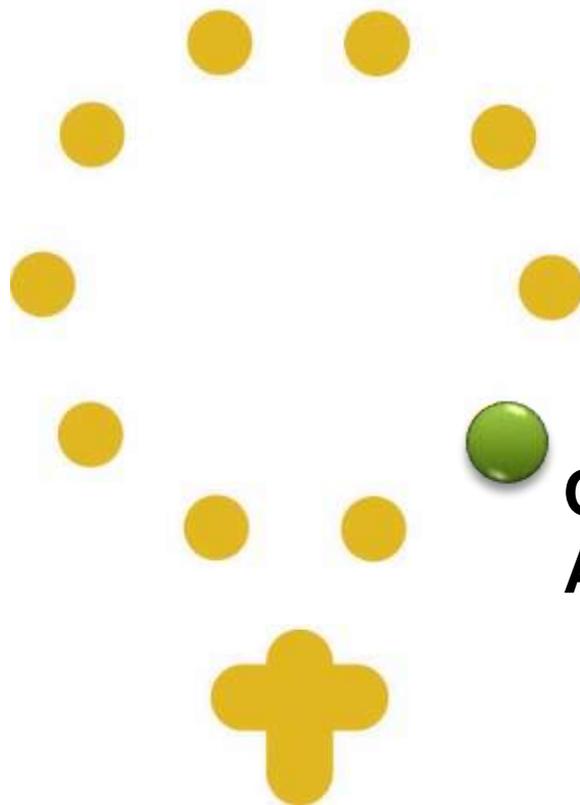


PRAYER SUPPORT



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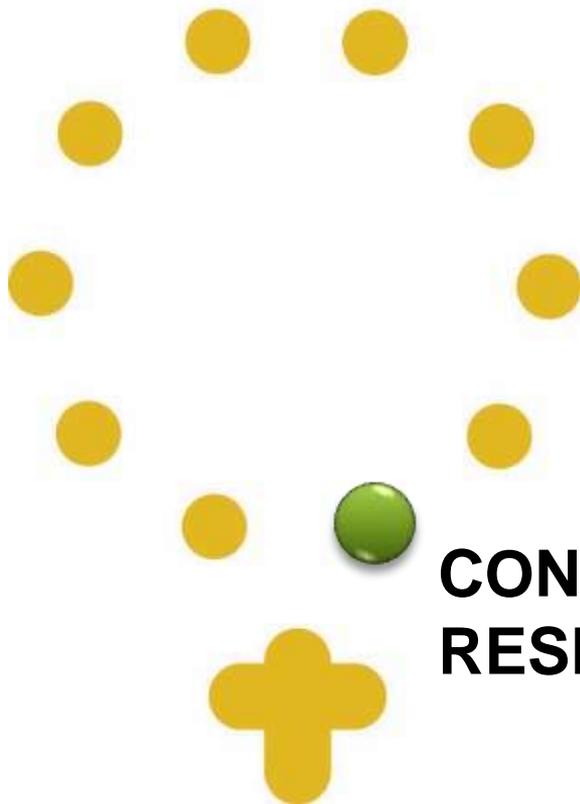




**OUTREACH &
AWARENESS**

**CHRIST
THE FOUNDATION**



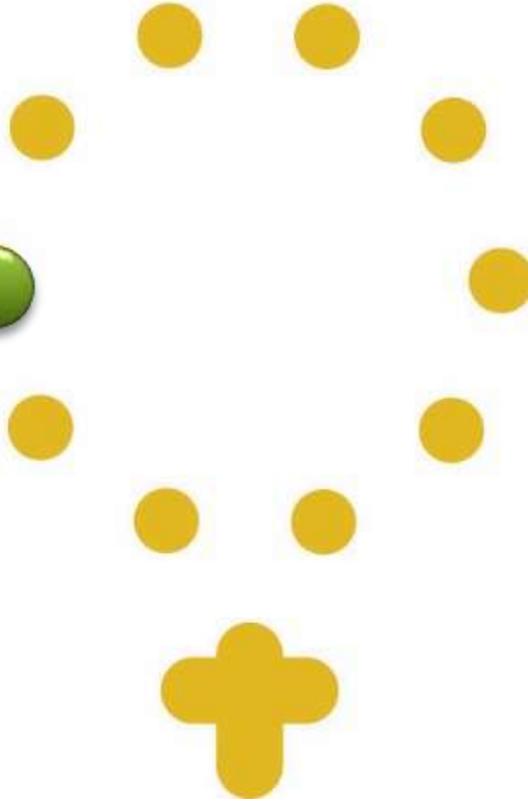


**CONFIDENTIAL
RESPONSE**

**CHRIST
THE FOUNDATION**



COORDINATION
(Staff & Volunteer Network)

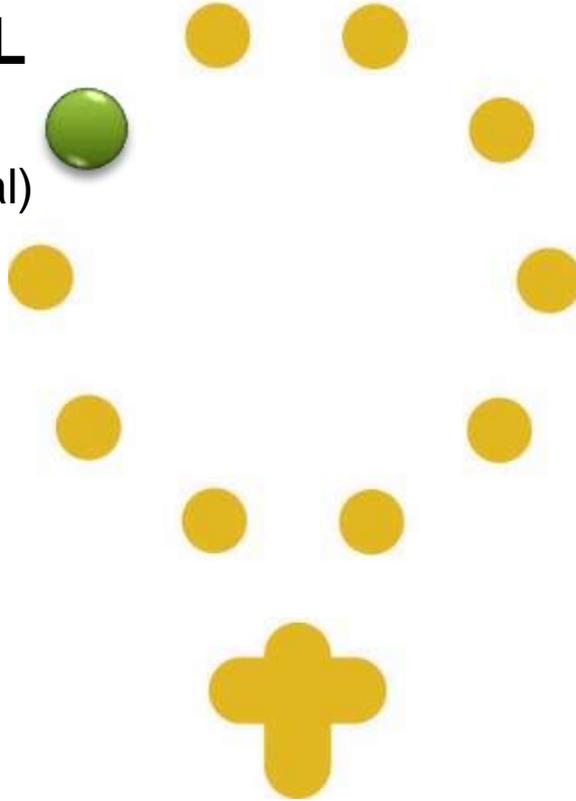


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PROFESSIONAL COUNSELING

(Mental Health Referral)

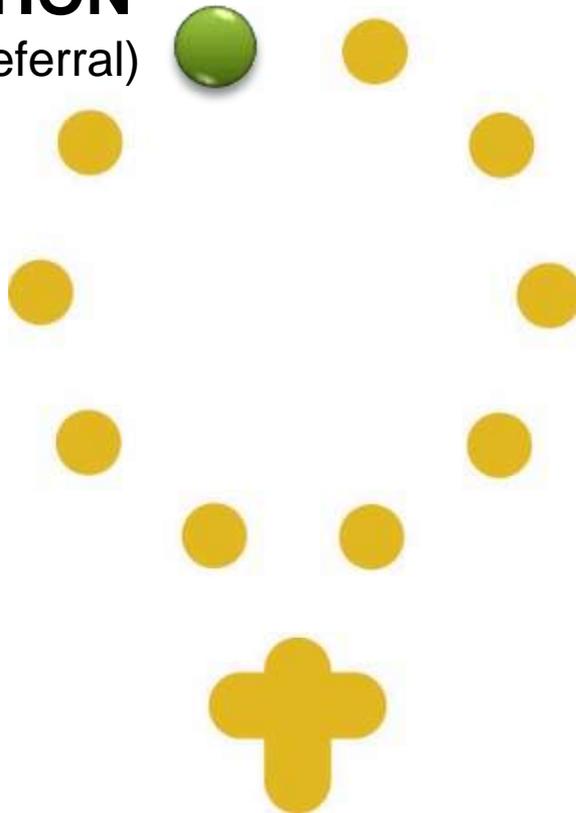


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RECONCILIATION

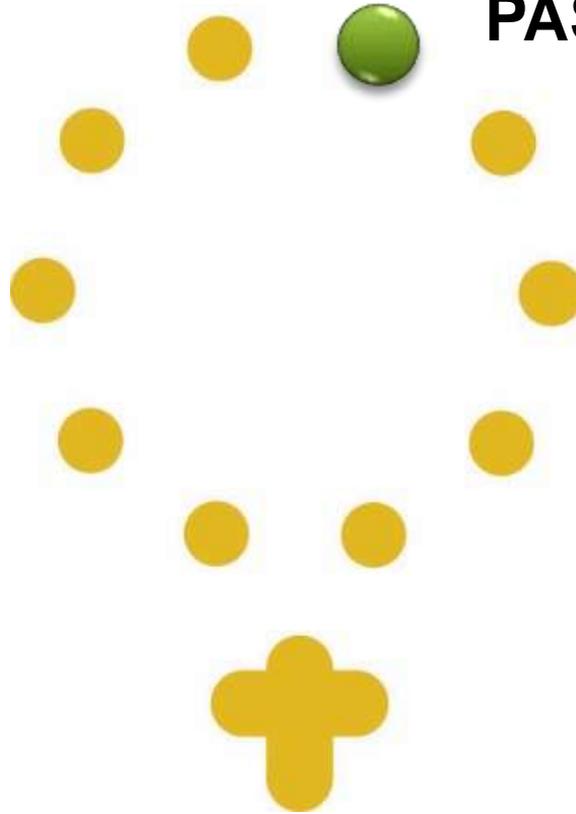
(Priest & Ministry Referral)



**CHRIST
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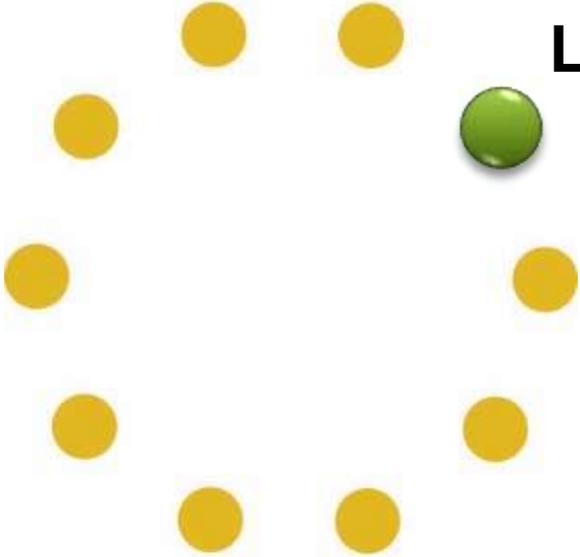


PASTORAL/SPIRITUAL GUIDANCE



**CHRIST
THE FOUNDATION**



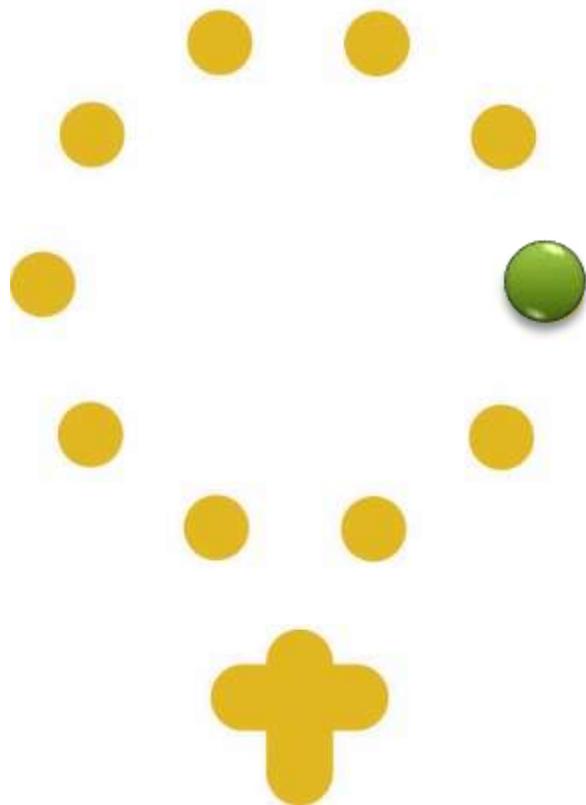


**LITURGIES &
RETREATS**



**CHRIST
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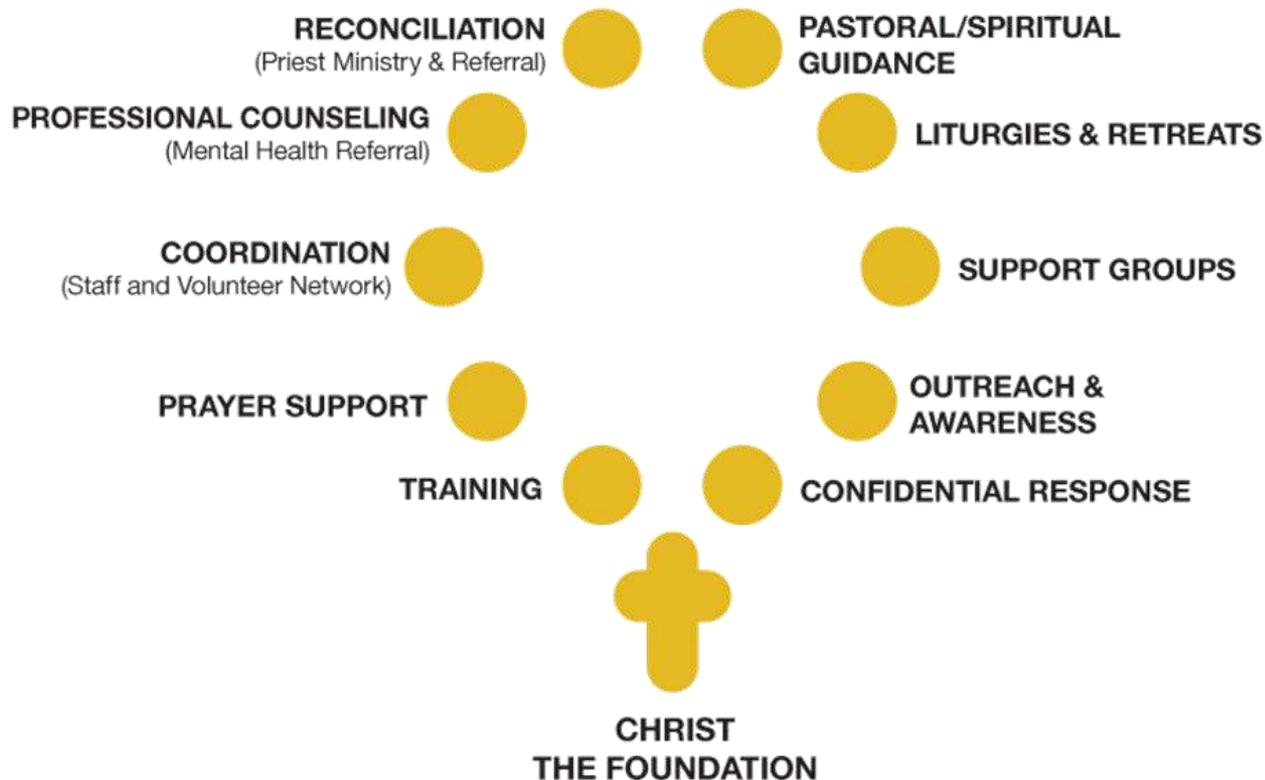


SUPPORT GROUPS

**CHRIST
THE FOUNDATION**



PROJECT RACHEL MINISTRY: An Integrated Approach to Healing





Project Rachel Ministry

A Post-Abortion Resource Manual for Priests and Project Rachel Leaders

COMMITTEE ON CLERGY, CONSECRATED LIFE, AND VOCATIONS
COMMITTEE ON PRO-LIFE ACTIVITIES
UNITED STATES CONFERENCE OF CATHOLIC BISHOPS

2009 Edition



Find Help

In Spanish / En Español

[Back to Home Page »](#)



*To Locate the Project Rachel
Nearest to You, Click on Your
State*

Virginia

Diocese: Arlington

Project Rachel

Contact: Josephine

Referral Phone: 703-841-2504; or 888-456-HOPE

Email: projectrachel@arlingtondiocese.org

Website: <http://www.helpafterabortion.org>

Diocese: Richmond

Commonwealth Catholic Charities / Project Rachel

Contact: Niki

Referral Phone: 804-545-5932

Email: Niki.Mello@cccova.org

Website: <http://www.cccova.org>

Catholic Charities (Virginia Beach) / Project Rachel

Contact: Joe

Referral Phone: 757-467-7707

Email: jnew@cceva.org



www.HopeAfterAbortion.com

HOPE AFTER ABORTION

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ion.com

In Spanish / En Español

healing.

It's normal to grieve a pregnancy loss, including the loss of a child by abortion. It can form a hole in one's heart, a hole so deep that sometimes it seems nothing can fill the emptiness.

You are not alone...

- After The Abortion
- Portraits of Grief in the Aftermath of Abortion
- How to Talk to a Friend Who's Had An Abortion
- Expressions of Healing and Thanks



47,000+ UNIQUE
VISITORS/MONTH



www.EsperanzaPosAborto.com

ESPERANZA
POSABORTO

rto.com

Oraciones

Contáctanos

In English / En Inglés



Es normal llorar la pérdida de un embarazo, como también la pérdida de un hijo por un aborto. Puede crear un hueco en el corazón, un hueco tan profundo que a veces parece que nada puede llenar ese vacío.

No estás sola...



Después del aborto



Retornos de suprimidos por las secuelas del aborto

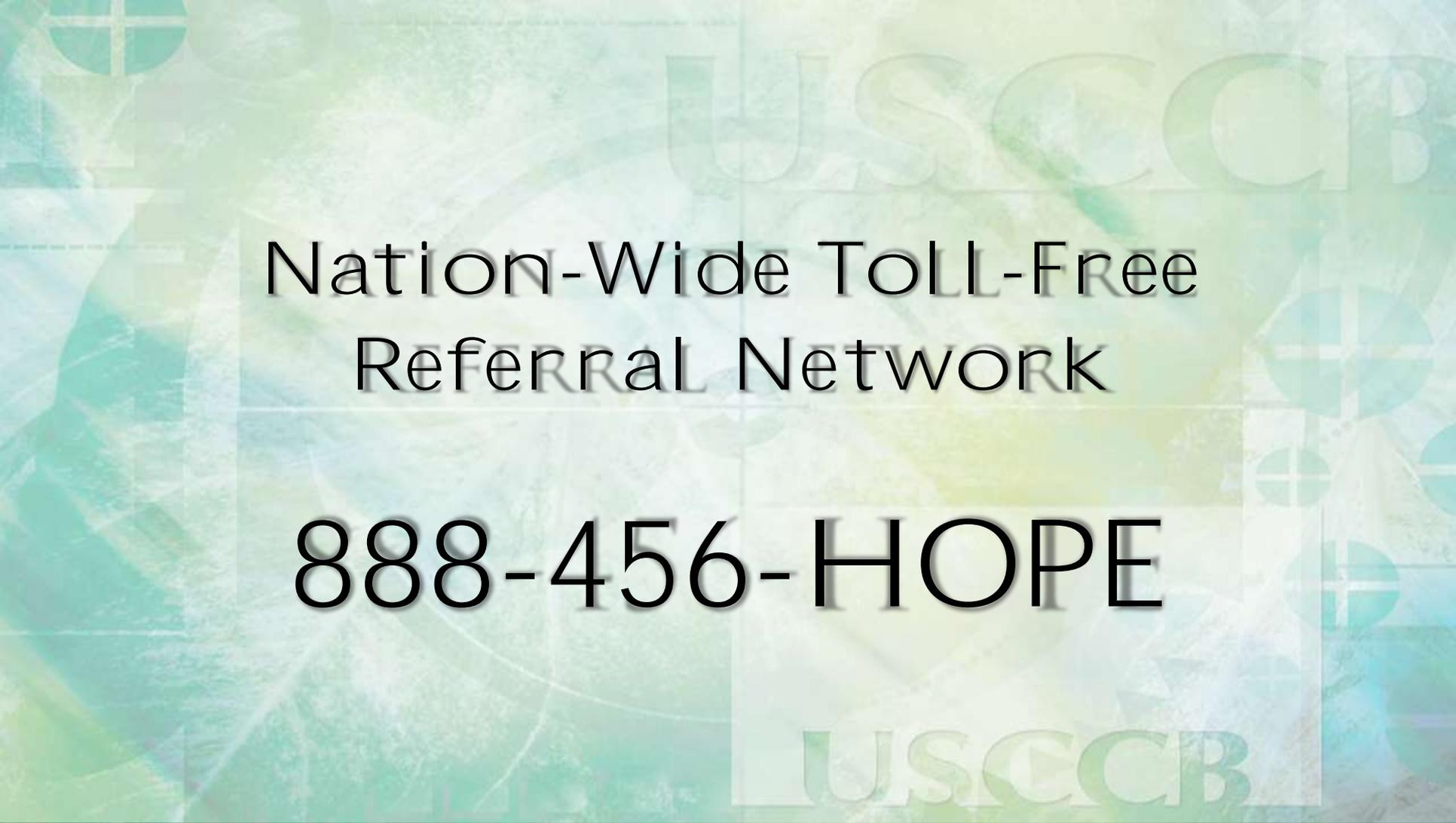


Cómo hablarle a una amiga que ha tenido un aborto



Expresiones de sanación y agradecimiento



The background features a large, faint USCCB logo in the center. The logo consists of a circular emblem with a cross inside, surrounded by the text 'USCCB' and 'UNITED STATES SENTENCE AND CORRECTIONS BOARD'. The background is a light green and blue gradient with various geometric shapes and patterns.

Nation-Wide Toll-Free
Referral Network

888-456-HOPE





COMMUNITY SEARCH

Enter search criteria

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Welcome, and may Christ's peace be with you. These pages will provide prayers, tips, tools, and USCCB resources that will assist your diocesan Project Rachel post-abortion healing ministry. Feedback welcome as we improve these pages and learn together.

Prayers

Project Rachel Ministry Resource Manual (Spanish)

[Order Form](#)

Print Materials

Resources

Graphics

Videos

Radio Ads

Opinion/Editorials (Life Issues Forum)



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CALENDAR

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The upcoming calendar is currently empty.

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GROUP FEED

[\[SHOW ALL POST-DATED POSTS \]](#)

Mary McClusky (Jaminet) posted a new entry in the Project Rachel Ministry blog in the group Pro-Life: Project Rachel Ministry.
Posted Thursday, October 30, 2014

[Delete](#)

RECENTLY
UPDATED



God will never forgive me for this



*God's greatest
desire is to forgive*

Come back to God, WHO is love and MERCY



project rachel
Peace starts here

For confidential help — Hope after abortion.com 888-456-Hope (888-456-4673)

No merezco ser feliz



*Dios quiere devolverte
tu felicidad*

Regresa a Dios. Él es Amor y Misericordia

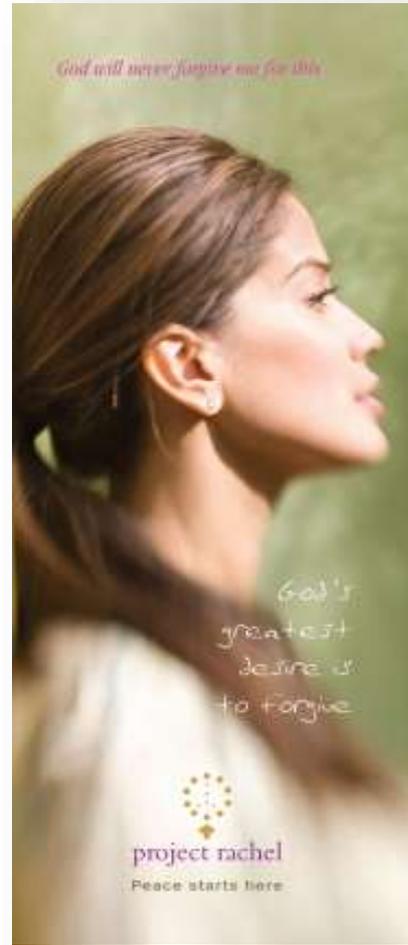
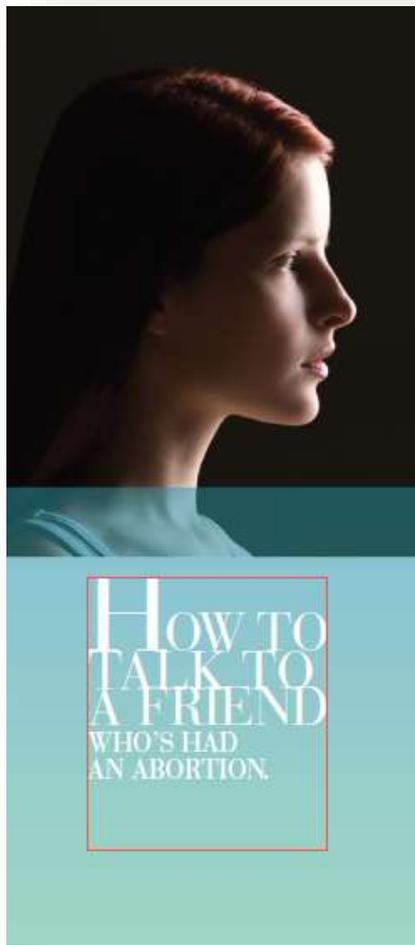


Proyecto Raquel
Aquí comienza la paz.

Para ayuda confidencial: RegresaAbortion.org 888-456-HOPE (888-456-4673)

Customizable Ads





Brochures



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Project Rachel-USCCB
@ProjectRachel
TWEETS 239 FOLLOWING 337 FOLLOWERS 539

Trends · Change

#LoveYourCurls
Promoted by Dove

#Mizzou
50.1K Tweets about this trend

#LoveYourself
379K Tweets about this trend

Baby Hitler
Just started trending

#EndOfTheDay
428K Tweets about this trend

#AskCamAndNash
30K Tweets about this trend

University of Missouri
75.5K Tweets about this trend

Christmas

What's happening?

Project Rachel-USCCB @ProjectRachel · now
It's normal to grieve pregnancy loss including loss of a child by abortion. For help w/hope & healing #afterabortion hopeafterabortion.com/?page_id=88

LifeNews.com Retweeted
micaiah bilger @micaiah157 · 26m
Catholic, Methodist, and Jewish Groups Tell Congress to Keep Funding Planned Parenthood | LifeNews.com: lifenews.com/2015/11/09/cat...

Our Sunday Visitor Retweeted
Teresa Tomeo @TeresaTomeo · Nov 6
A Formed Conscience: Believing something is right doesn't make it so. My latest article on @OSV ow.ly/Ufkny

Catholic Charities @ccbuffalo · 1m
RT @cksedu: #SocialJustice Convocation continues this afternoon @ccbuffalo

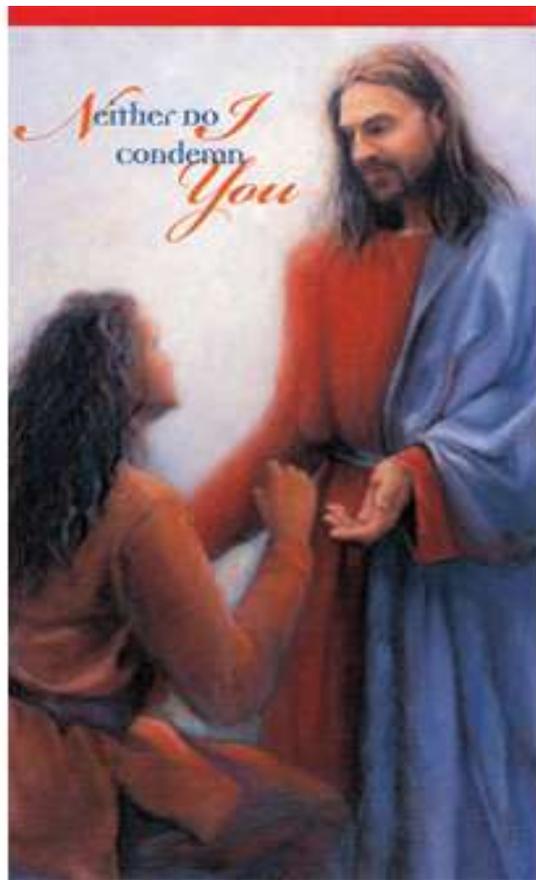
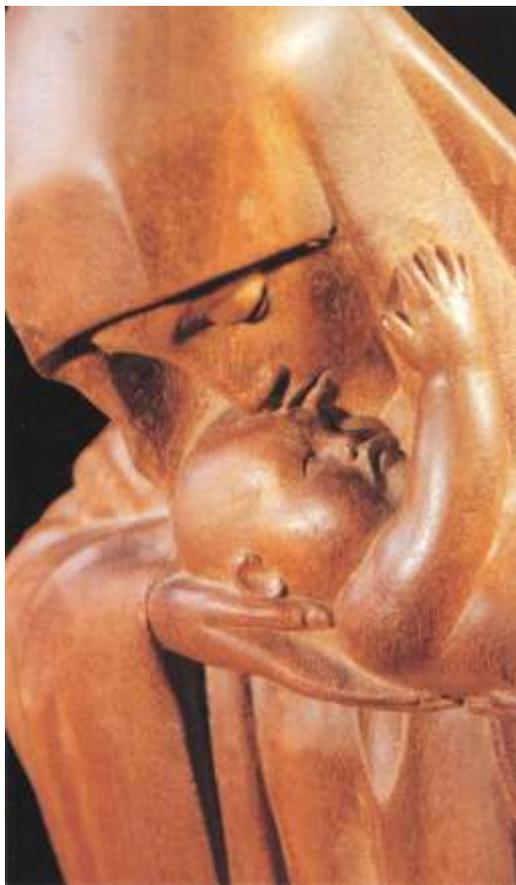


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Prayer Cards



NATIONAL TRAININGS

First National Training -
2014

Bishops of 53 dioceses sent
85 diocesan directors, staff,
and priests.

Upcoming Second National
Training



DIOCESAN TRAININGS

Hosting and participation by
bishops

of the dioceses of

Syracuse

Toledo

Buffalo

Joliet

Davenport



Jubilee Year of Mercy

December 8, 2015

to

November 20, 2016



POPE FRANCIS – JUBILEE YEAR OF MERCY

“I have decided, notwithstanding anything to the contrary, to concede to all priests for the Jubilee Year the discretion to absolve of the sin of abortion those who have procured it and who, with contrite heart, seek forgiveness for it.”



POPE FRANCIS – JUBILEE YEAR OF MERCY

“May priests fulfil this great task by
expressing words of genuine welcome . . .”

*-Letter of Pope Francis to Archbishop Rino Fisichella,
President of the Pontifical Council for the Promotion of
the New Evangelization, Sept. 1, 2015*



Bishops' Pastoral Plan

“Every Church-sponsored program and identifiably Catholic organization and agency should know where to refer those in need of post-abortion healing” (pg. 23).

- *Bishops' Pastoral Plan for Pro-Life Activities* (2001)

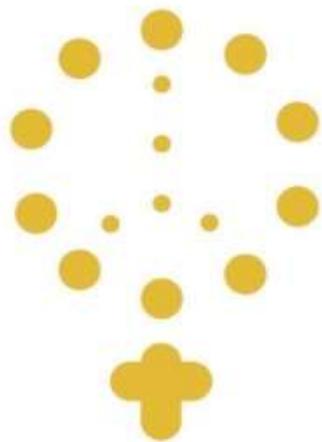


“The voice on the other end was warm and full of hope for me. My journey of healing began on that day . . . Thanks to Project Rachel, I am me again. . . The power of forgiveness is life-altering.”



“Do I feel sadness? Yes. Do I miss my child Mary Elizabeth? Yes. But do I live my life in shame, sorry, and guilt? Absolutely not. I am at peace, I am happy and thanks to God, I have a wonderful life.”





project rachel

Peace starts here

