Education Workshop

This workshop is designed for anyone who may be a support person or companion, leadership, pastoral care, social workers, and nurses.

Purpose:

- Describe the many opportunities and challenges in supporting a person through the end of one’s life.
- Discuss physical, social, ethical and spiritual care perspectives.
- Explore Catholic theological, cultural and contemporary views of death, and the gift of being present with/to those who are dying.
- Provide practical skills to facilitate communication with and the support of those approaching the end of life.

“People gain so much hope when they know they are not experiencing something alone.”

Joyce Rupp, OSM

A Gifted Journey:

Accompanying a Person Through the Dying Experience

February 24 – 27, 2020

Bon Secours Retreat Center
Marriottsville, MD

This program is underwritten by funds from the Retirement Fund for Religious and sponsored by the National Religious Retirement Office. Please continue to pray for our donors.
OUR PRESENTERS

Susan Belanger, PhD, MA, RN, NEA-BC

Is the Sr. Vice President and System Ethicist for Covenant Health, a Catholic Healthcare Organization located in Tewksbury MA. Sue has been a nurse for more than 40 years. She began her career by earning a diploma in nursing and has since gone on to earn several more degrees, including a PhD in Nursing from The Catholic University of America as well as a master's degree in Bioethics and Health Policy from Loyola University in Chicago. Sue has two decades of experience dealing with ethical issues and topics. She’s participated on many Institutional Ethics Committees and chaired a hospital committee in Washington, D.C. She has served as a senior research scholar in ethics with a focus on providing ethics consultations and education. Sue has also taught ethics in both the School of Medicine and the School of Nursing at Georgetown University, where she continues to teach ethics to advance practice nurses. Her passion in ethics is helping patients to die well through value-based end-of-life decision making.

Elizabeth Collins, BA, BSN, MA

Is a registered nurse and serves as the Clinical Care Coordinator for the Sisters of Providence in St. Mary-of-the-Woods, IN. She has worked in a variety of care settings including hospitals, assisted living and long-term care facilities, home health care and hospice. She has special education in Ethics, Advance Directives, End-of-Life Care and Dementia Care. She is actively involved with the Wabash Valley Care Coalition, providing community education on Advance Care Planning for all stages of life. As a nurse, she is passionate about the many ways we are called to live the gift of life well until we die. She is married to Dr. Richard Collins, has five children and lives in Terre Haute, IN.

PLAN AHEAD

Monday, February 24
- 3:00 p.m. Check In
- 6:00 p.m. Dinner

Tuesday, February 25
Day begins with mass at 7:30 a.m. and breakfast at 8:00 a.m., followed by scheduled program, and ends with a social at 7:30 p.m.

Wednesday, February 26
Day begins with mass at 7:30 a.m. and breakfast at 8:00 a.m., followed by scheduled program, and ends with a social at 7:30 p.m.

Thursday, February 27
- 7:30 a.m. Mass
- 8:00 a.m. Breakfast
- 11:00 a.m. Check Out
- 12:00 p.m. Lunch

REGISTRATION

Please complete the attached Registration Form, Dietary Needs Form (if needed), and mail with check to the address:

A Gifted Journey
National Religious Retirement Office
3211 Fourth Street, NE
Washington, DC 20017

Make check payable to:
National Religious Retirement Office

LOCATION

Bon Secours Retreat Center
1525 Marriottsville Road
Marriottsville, MD 21104

February 24 – 27, 2020
REGISTRATION FORM

Full Name

Job Title

Institute

Address

City/State/Zip

Home Phone

Cell Phone

Email

Special Needs

Dietary Needs (please fill out the attached Bon Secours form)

Registration is per person. Includes program, meals, and lodging. Registration deadline is January 31, 2020 (financial assistance available)

Arrival Date:       Departure Date:     

☐ Commuter $100

☐ Single Room $180

On February 27, I would like:    Breakfast  ☐    Lunch  ☐

Please mail your check and registration form to:

A Gifted Journey Workshop
National Religious Retirement Office
3211 Fourth Street, NE
Washington, DC 20017

Questions? Call Karen Canas at 202-541-3215
Dietary Needs/Restrictions

Here at the Retreat and Conference Center at Bon Secours our goal is to serve our guests at the highest level of excellence possible. We understand that some guests have health issues that cause various dietary restrictions. Please list below the name of your food allergy or dietary restriction (example: gluten free, allergic to nuts, etc.). Not just a preference please. Dietary Restrictions will be met, based on our ability. Some severe restrictions cannot be met, since we do not have an allergen free (gluten, sugar, nuts, etc) kitchen. A “dietary restriction” form must be filled out by any guests needing any food accommodations. At times if the restriction is severe we recommend supplementing with their own food. There is a refrigerator and microwave for our guests use. Note: At your first meal please introduce yourself to our kitchen staff so that they will be able to accommodate your needs.

We also understand that some guests prefer a vegetarian diet. If you are a vegetarian, please tell us what type of vegetarian diet you prefer (example: vegan, or will you eat dairy, eggs, fish, etc.).

If your request requires specialty foods that cannot be found in most local grocery stores, please bring these foods along with you. We have a refrigerator that you can store your food in. The only method of cooking is a microwave. If you have any questions or concerns please call and ask to speak with Heather Macknew.

Your name (one form per person please): ______________________________________________________

Group name: _____________________________________________________________________________

Daytime Phone: ______________________________ Email Address: ____________________________

Arrival Day/Date: _____________________________ Departure Day/Date: _______________________

Allergies/Specific Dietary needs (please print clearly)
If you are a vegetarian, please indicate what type of vegetarian
_________________________________________________________________________________________
_________________________________________________________________________________________
_________________________________________________________________________________________
_________________________________________________________________________________________

The Retreat and Conference Center at Bon Secours’ food department will make every attempt to accommodate your request. In the event that we have questions or feel we are unable to meet your needs, our Sales Manager, Rainey Taylor, will contact either you or your group leader. If this form is not accurately completed we will be unable to meet your request.

The Retreat and Conference Center at Bon Secours has a standard kitchen and there is the risk of cross contamination. Guests with allergies should exercise judgment when making a menu choice.

**Attach this form to your registration form and return to NRRO**