Levels of Care Indicators

Member Needing Skilled Nursing

* Needs constant supervision because of the relatively changeable physical condition.
* Care needs to be supervised by an RN on a 24 hour basis. (Note: this does not necessarily mean 24 hour RN on-site coverage.)
* Medications or medication delivery maybe complicated.
* May suffer from dementia; emotional and psychological responses may not be appropriate.
* May need therapies:
  + Occupational therapy
  + Respiratory therapy
  + Physical therapy
* Medically qualifies to live in a licensed nursing home setting

Member Residing in Assisted Living

* Requires assistance with activities of daily living (ADL)
  + Eating
  + Bathing or showering
  + Dressing
  + Getting in or out of bed or a chair
  + Using the toilet
* Maybe afraid to be alone because of physical and psychological limitations
* Most likely needs assistance with medications
* Needs to live in a congregate setting to access assistance from health care workers and other service providers.

Members Who Live Independently With Services

* Requires assistance with instrumental activities of daily living (IADL)
  + Meal preparation
  + Managing money
  + Shopping for groceries and personal items
  + Performing light housework
  + Using a telephone
* Is likely to live in a congregant setting (e.g. Motherhouse) in order to have access to services.
* May live in the congregate setting because of physical limitations, e.g., has a walker, needs handrails, needs access to an elevator.
* May need assistance with accepting the limitations of aging

Member Who Lives Independently

* Is fully independent with respect to ADLs and is essentially independent with respect to IADLs.
* Is able to handle medication regime.
* Is competent in decision-making and problem-solving; emotional and affective responses are appropriate
* Is able to live in a local group setting and maybe involved in ministry.

**Hertha Longo, CSA**