

"From faith in God who is Trinity, it follows that in order to be myself I need others. I am truly human, truly personal, only if I relate to others."

> —Pope Francis, World Communications Day, 2019

Lord, make us instruments of your peace.

- Help us to recognize the evil latent in a communication that does not build communion.
- Help us to remove the venom from our judgments.
- Help us to speak about others as our brothers and sisters.
- You are faithful and trustworthy; may our words be seeds of goodness for the world:

where there is shouting, let us practice listening; where there is confusion, let us inspire harmony; where there is ambiguity, let us bring clarity; where there is exclusion, let us offer solidarity; where there is sensationalism, let us

use sobriety;

where there is superficiality, let us raise real questions;

where there is prejudice, let us awaken trust; where there is hostility, let us bring respect; where there is falsehood, let us bring truth.

## Amen.



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