



## Care for Creation in Action

In 2017 the Diocese of Burlington, Vermont celebrated a Year of Creation. The Year included creation-themed liturgies, a Catholic schools' ecological awareness and action project, an ecological justice conference and an initiative to "Laudato Si-ify your Advent." [Click here](#) to see how dioceses are engaging the climate crisis with Laudato Si' action plans.

*"The ecological conversion needed to bring about lasting change is also a community conversion."*

# The Season of Creation: *September 1 – October 4*

The Season of Creation spans five weeks between the **World Day of Prayer for the Care of Creation** (September 1) and the **Feast Day of St. Francis of Assisi** (October 4). This "time for creation" offers, in the words of Pope Francis, "individual believers and communities a fitting opportunity to reaffirm their personal vocation to be stewards of creation, to thank God for the wonderful handiwork which he has entrusted to our care, and to implore his help for the protection of creation as well as his pardon for the sins committed against the world in which we live."<sup>1</sup> Below are some ways to live out these three dimensions of Pope Francis' call, both as individuals and as a community.

## 1. Reaffirm Our Vocation as Stewards of Creation

### **As individuals and families:** *Counteract the "Throwaway Culture"*

In *Laudato Si'*, Pope Francis brings attention to our "throwaway culture," which "quickly reduces things to rubbish" (no. 22). In your daily life, try to identify the ways in which you can choose reusables, rather than disposables, such as coffee mugs, reusable bags, or cloth napkins, and commit to making one change during this month.

### **As a community:** *Educational Program*

Use the educational program "Let Us Sow Hope" from the Catholic Climate Covenant to reflect on our vocation as stewards of creation. The program is designed to help us become instruments of God's peace and commit to climate actions as a way to avoid climate despair and sow climate hope. [Click here](#) to access this resource.



## 2. Thank God for His Wonderful Handiwork



### **As individuals and families:** *Meal Prayer*

Before and after meals, say a short prayer of thanksgiving for the lifegiving food that sustains and nourishes us. Briefly consider how all nourishment ultimately comes from the earth, and give thanks for all the human hands that helped bring this food to your table. May we recognize, as *Laudato Si'* has

taught us, that this "moment of blessing, however brief, reminds us of our dependence on God for life" (no. 227).

<sup>1</sup> Pope Francis, "Letter of His Holiness Pope Francis For the Establishment of the 'World Day of Prayer for the Care of Creation,'" September 1, 2015.





**Here are a few suggestions from the Diocese of Stockton, California on how to care for creation:**

- Buy Fair Trade products to support local artisans and farmers and protect the environment.
- Store food in reusable containers, not plastic wrap or foil, to reduce waste.
- Avoid using Styrofoam at your parish functions. Styrofoam can rarely be recycled, and it takes 500 years to decompose in landfills!

Here are "[10 Ways You Can Make a Difference](#)" by the Catholic Climate Covenant.

***"There is a nobility in the duty to care for creation through little daily actions."***

-Pope Francis *Laudato Si'*, no. 211

**As a community:** *Eucharistic Adoration*

One of the most meaningful ways we give thanks as Christians is through the sacrament of the Eucharist, a word which means "thanksgiving." As *Laudato Si'* proclaims, through the Eucharist, "the whole cosmos gives thanks to God" (no. 236). To celebrate this sacred reality during the Season of Creation, we recommend hosting a one-hour, care for creation-themed Eucharistic adoration in your parish.

**3. Implore God's Help and Ask His Pardon**

**As individuals and families:** *Confession*

In calling for a deep "ecological conversion," Pope Francis has emphasized the importance of examining one's own conscience, of recognizing one's sins against creation, however great or small. Seeing the interconnectedness of our world leads to an understanding that "[e]very violation of solidarity and civic friendship harms the environment" (*Caritas in Veritate*, no. 51). We invite you to bring these sins to confession and to perform a spiritual work of mercy for our common home, such as an act of "grateful contemplation of God's world" (*Laudato Si'*, no. 214).



**As a community:** *Prayer Service*

One final suggestion for this time is to organize a prayer service in your parish. The *Laudato Si'* Movement has an [official prayer book](#) that can provide inspiration for a service. As we approach the beautiful autumn season, holding this service outside may allow for a rich experience.

*O God of the poor,  
 help us to rescue the abandoned  
 and forgotten of this earth,  
 who are so precious in your eyes...  
 God of love, show us our place in this world  
 as channels of your love  
 for all the creatures of this earth,  
 God of mercy, may we receive your forgiveness  
 and convey your mercy throughout our common home.  
 Praise be to you!  
 Amen.*

*Source: Message of His Holiness Pope Francis for the Celebration of the World Day of Prayer for the Care of Creation on September 1, 2016*

For more resources related to care of creation, please visit the U.S. Conference of Catholic Bishops webpage on the Environment at [usccb.org/environment](http://usccb.org/environment).

