

Couple/Client Education Assessment

Form B

(Arch)Diocese: _____ Date: _____

Curriculum: _____

Standards, Section III

Instructions: This form should be completed by the diocesan NFP coordinator. Please submit a completed form with a copy of each curriculum and couple/client materials used within the diocesan NFP program (see Section III of the Standards.) Client curricula/materials from DDP/NFP Approved NFP teacher training programs need not be submitted). Read each item carefully and answer accordingly.

Couple/Client Education

- A. How many couple/client contact sessions and individual follow-ups with chart review are required and provided by the NFP education program over a time span of 6 or more months?

Couple/client contact sessions: _____

Individual follow-ups with chart reviews: _____

Comments:

- B.1 Describe how the couple/client education integrates Catholic teaching regarding human sexuality, the sacrament of marriage, conjugal love, responsible parenthood, and its application to the couple's lifestyle.

(Please indicate page in curriculum.)

Page #

B.2 Presentation of couple fertility which describes male and female reproductive anatomy and physiology.

Presentation of the role and pattern of basal body temperature, cervical mucus, cervical changes, and other symptoms of the female fertility cycle.

B.3 Information on how to observe, chart, and interpret the sign(s) of fertility on a daily basis so as to correctly identify the days and patterns of fertility and infertility.

B.4 Explanation of guidelines for both achieving and avoiding pregnancy.

B.5 Instruction that abstinence from genital contact and sexual intercourse during the fertile phase of the cycle is the means to avoid pregnancy.

B.6a Discussion of the importance of couple motivation and communication.

B.6b Explanation of the importance of the couple's ongoing discussion of their family planning intention.

B.6c Explanation of the importance of the couple's acceptance of their combined fertility.

B.7 Discussion of factors which may affect the interpretation of the signs of fertility.

B.8 Explanation on the need for additional instruction or referral for special situations such as: difficulties in achieving pregnancy or anovulatory patterns which may result from breast-feeding or perimenopause, post-chemical and/or mechanical contraceptive use or miscarriage/abortion.

B.9 Discussion of the benefits of NFP.

Please use this space for additional comments.