



Join us for a FREE informative webinar.\*

# Developing a Resilient Lifestyle



DATE / TIME

**February 9, 2021**

1:00 – 2:00 PM (ET)



REGISTRATION

Go to [www.avilainstitute.org](http://www.avilainstitute.org) to register for this webinar.

**\* This webinar is FREE for NRRO members only.**

See steps 1-8 on the following pages for registration directions. For further questions, contact us at [support@avilainstitute.org](mailto:support@avilainstitute.org).

*This webinar is designed for individual members of Congregations as well as leadership and healthcare providers.*

**Past NRRO webinars are archived and available for FREE on our Vimeo showcase.** [Click here to access - NRRO Cosponsored Webinars](#)

This webinar will encourage participants to work towards a balanced future by developing a resilient way of life. To meet the growing demands of the next normal, individuals will need to think of things in a different way, a resilient way. They will need to develop strategies for personal life enhancement, to reach a resilient mindset. This workshop is organized around the principle that resiliency is a skill set that can be developed and enhanced. Principles and practices of Positive Psychology is the framework for this action-oriented program.

Resilience is the key to a brighter next normal. Focused on shaping the future, rather than grinding through the present, this program will introduce participants to strategies that will assist with developing a resilient mindset and lifestyle for increased satisfaction and productivity. Ingredients of a resilient lifestyle will be explored and outlined.

*This webinar will promote developing individual practices for a resilient lifestyle for caregivers, leaders and community members.*

## Meet the Presenter



### Dr. Francis Battisti, PhD

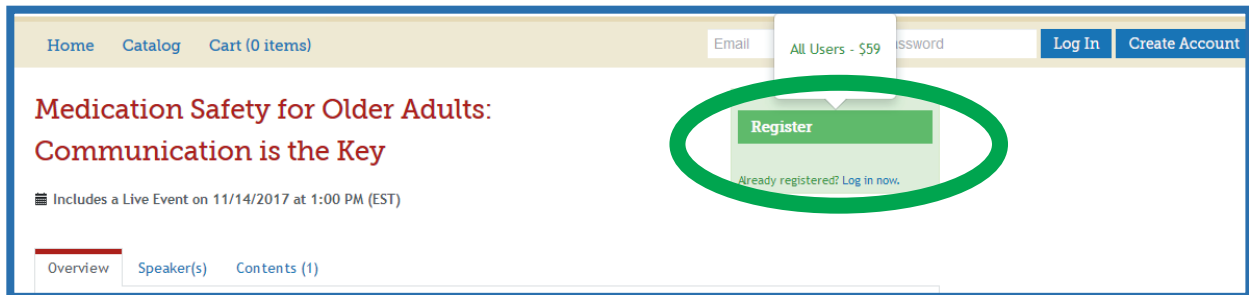
Dr. Francis L. Battisti is a noted educator, speaker, psychotherapist, consultant, and author who offers individuals and organizations pathways to explore their potential and move toward desired transformation. Dr. Battisti is a former Executive Vice President and Chief Academic Officer and Full Professor of Psychology at the State University of

New York at Broome Community College, where he was the 2011 recipient of the State University of New York Distinguished Professorship for Service and a 1989 recipient of the State University of New York Chancellor's Award for Excellence in Teaching. His national reputation in the fields of healthy aging, motivation, health enhancement, and conflict disposition is recognized in his work with numerous corporations, healthcare organizations, long-term care communities, and governmental committees.

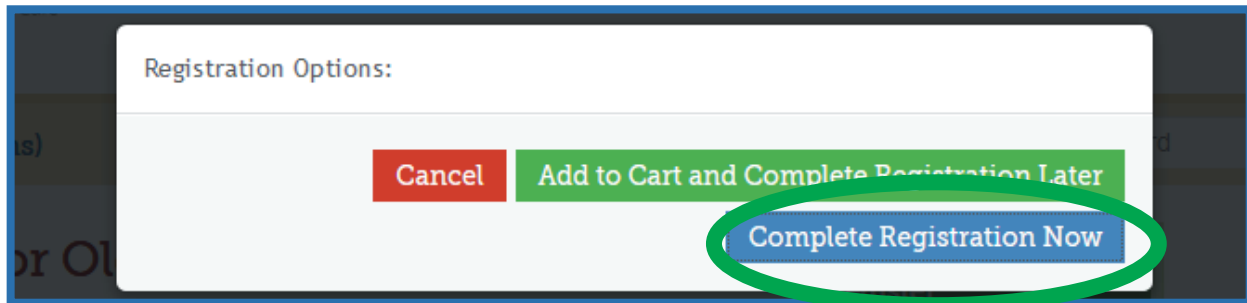


## STEPS FOR WEBINAR REGISTRATION

1. Click this link: <https://avila.elevate.commpartners.com/nrro-webinars>
2. Click the title of the webinar.
3. Click the green "Register" button.



4. Click on the blue button "Complete Registration Now."





## STEPS FOR WEBINAR REGISTRATION

5. You will then be prompted to Log In or Create an Account.

The screenshot shows a website interface with a navigation bar containing 'Home', 'Catalog', and 'Cart (1 item)'. Below the navigation bar, there is a search bar with 'Email' and 'Password' fields, and 'Log In' and 'Create Account' buttons. A yellow banner below the search bar contains the text 'You must [Log In](#) to register, or [Create Account](#)', with the 'Log In' and 'Create Account' links highlighted in green. Below the banner, the 'Your cart' section is visible, featuring a table with columns for Product, Actions, Original price, and Final price. The table contains one item: 'Medication Safety for Older Adults: Communication is the Key' with a 'Remove' button, an original price of \$59, and a final price of \$59. Below the table, there is a 'Discount Code' field with the text 'nrro' and an 'Apply Discount' button. A note below the button says '(Leave blank if you don't know what this is.)'.

The screenshot shows a 'Create Account' form on a website. The navigation bar at the top includes 'Home', 'Catalog', and 'Cart (1 item)'. Below the navigation bar, there is a yellow banner with the text 'You must [Log In](#) to register, or [Create Account](#)', with the 'Create Account' link highlighted in green. The 'Create Account' form includes the following fields: 'Email \*' (with a placeholder 'Email'), 'Password \*' (with an eye icon and a placeholder), 'Repeat Password \*' (with a placeholder), 'First Name \*' (with a placeholder 'First Name'), 'Last Name \*' (with a placeholder 'Last Name'), and 'Timezone \*' (with a dropdown menu showing 'US/Eastern'). A blue 'Submit' button is located at the bottom of the form.

6. To create an account, please click the green Create Account button. Put in your desired email, password, repeat password, first name, last name and time zone. Press the blue "Submit" button. You now have an account with the AIG Learning Center. You can now register for the webinar.



## STEPS FOR WEBINAR REGISTRATION

7. If you have an existing account, please click the green "Log In" button. Please type in your email and password. Press the blue "Submit" button.

You must **Log In** to register , or **Create Account**

**Log In**

Email:

Password:

[Forgot your password?](#)

**Submit**

8. If you are an NRRO member, please use the discount code nrro. This will make the webinar free. Complete the transaction. You will receive a confirmation and confirmation email.

**Your cart**

Product	Actions	Original price	Discounts	Final price
Medication Safety for Older Adults: Communication is the Key	<b>Remove</b>	\$59	\$59 - promo	\$0
Discount Code:	<input type="text" value="nrro"/> <b>Apply Discount</b> (Leave blank if you don't know what this is.)			
Total:		\$59	\$59 - promo	\$0

*Enjoy the webinar!*