



Join us for a **FREE** informative webinar.\*

# Staying Hydrated – Emotionally and Spiritually



## DATE / TIME

**November 15, 2022**  
1:00 – 2:00 PM ET



## REGISTRATION

*This webinar is designed for individual members and leadership of Congregations as well their healthcare providers.*

### **FREE for Congregational Members\***

*\* This webinar is cosponsored by NRRO and is free to all members of a Congregation. Please see registration instructions for details.*

### **To Register Online**

[Go to www.avilainstitute.org](http://www.avilainstitute.org) to register for this webinar.

### **Registration Directions**

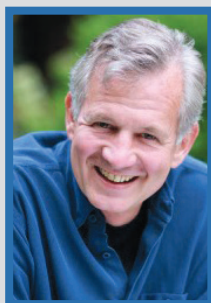
Registration directions are included on pages 2-4 of this flyer. For additional assistance, please contact [support@avilainstitute.org](mailto:support@avilainstitute.org).



## VIDEO ARCHIVES

Past NRRO webinars are archived and available for FREE. [Click here to access](#)

Care of any kind – compassion, generosity, communication, reconciliation, service, ministry, teaching, giving – begins with and is nourished by self-care. Care begins with the power of pause. Care begins with the intentional choices we make about being present. If we practice this power of pause, it spills into our relationships and our work. It is a reminder that health – physical, spiritual, or mental – is not a guaranteed destination. It requires attention and mindfulness. In other words, it is requisite to pay attention – an invitation to the sacrament of the present moment.



### **Meet the Presenter: Terry Hershey**


Terry Hershey is an author, humorist, inspirational speaker, dad, and ordained minister. He divides his time between designing sanctuary gardens and sharing his practice of “pausing” and “sanctuary,”

to help us rest, renew, and live wholehearted. Terry’s book, *This Is the Life*, offers the invitation and permission to savor this life, to taste the present moment. Most days, you can find Terry out in his garden – on Vashon Island in the Puget Sound – because he believes that there is something fundamentally spiritual about dirt under your fingernails.



## STEPS FOR WEBINAR REGISTRATION

1. To register, click this link: <https://avila.elevate.commpartners.com/nrro-webinars>  
You will see the current title for the upcoming NRRO cosponsored webinar listed.
2. Click the green "Register" button.



1-2

# NRRO Webinars

Since 2011, The National Religious Retirement Office (NRRO) and the Avila Institute of Gerontology (AIG) have been collaborating to offer webinars to Religious Communities. The webinar topics are chosen by NRRO and AIG, and reflect the expressed needs and interests of Religious Communities. The co-hosted webinars do not offer continuing education credit hours.

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### Approaches to Managing Conflict Within Community Life

📅 Includes a Live Web Event on 08/09/2022 at 1:00 PM (EDT)

Overview
Speaker
Flyer

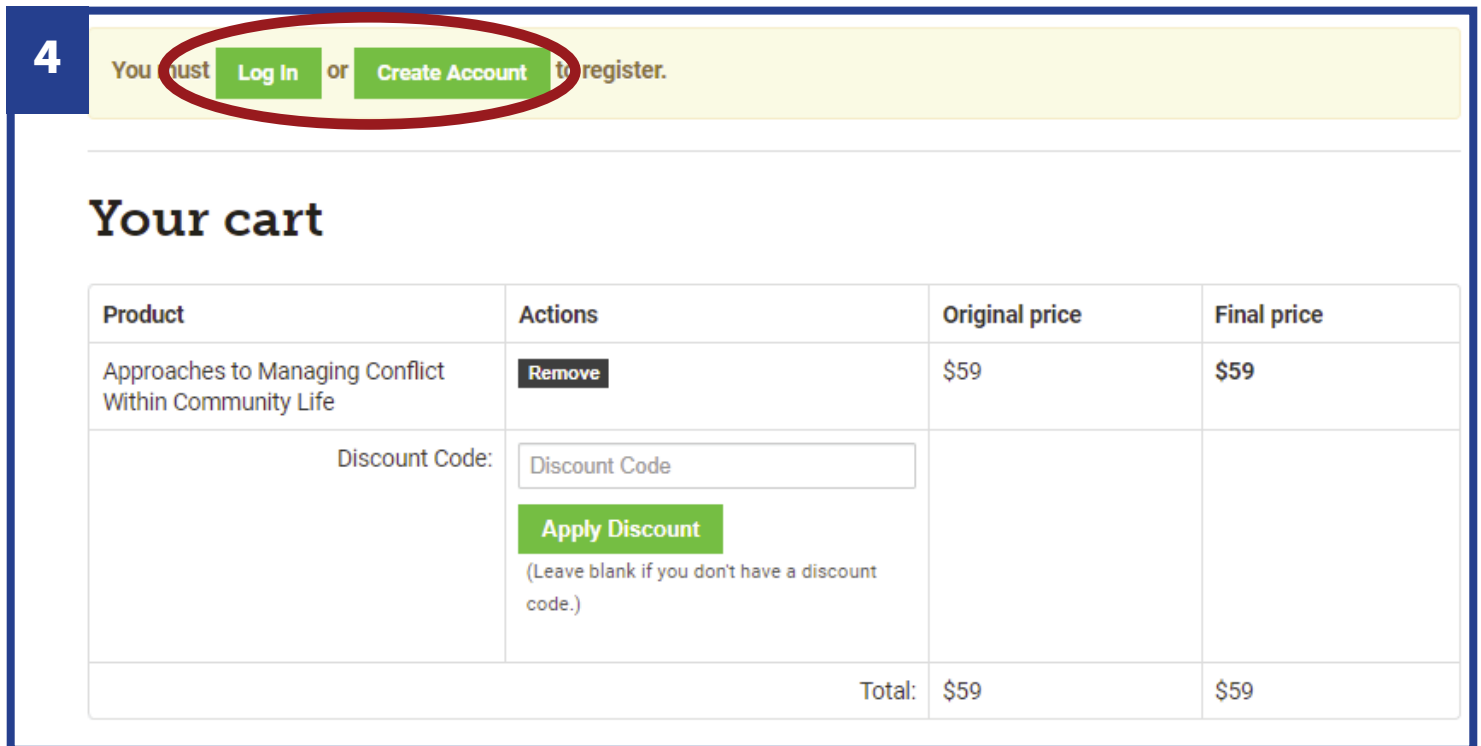
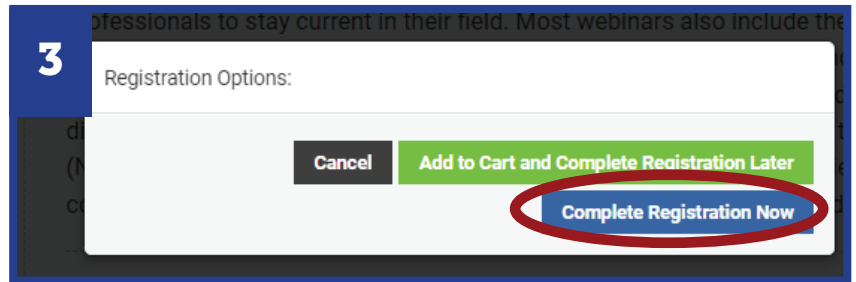
August 9, 2022 NRRO Webinar @ 1:00-2:00 PM ET

Register
More Information



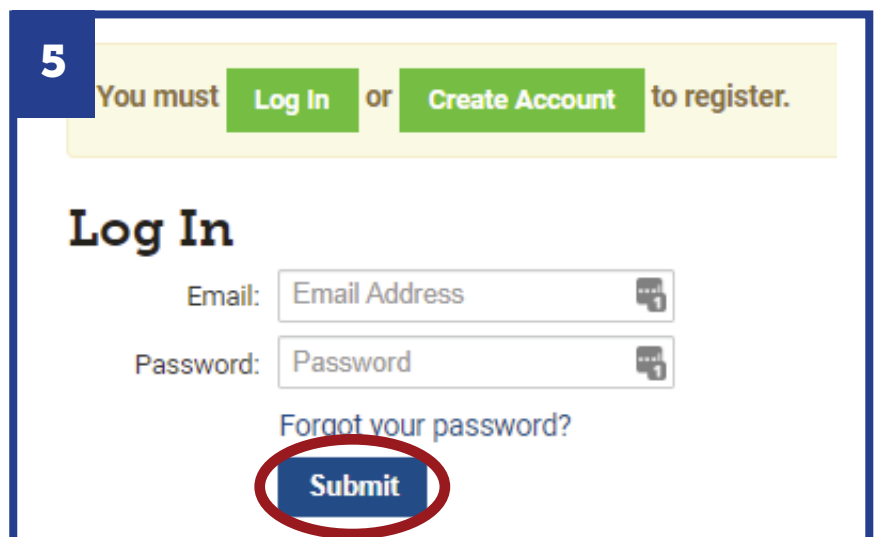


- 3. A pop-up for Registration Options will appear. Click on the blue "Complete Registration Now" button.
- 4. If you are not already logged in, you will see two options on top to either "Log In" (Step 5) or "Create Account" (Step 6). You need to pick one to continue registration.



- 5. If you have an existing account and chose "Log In," you will be prompted to type in your email and password. Press the blue "Submit" button. Proceed to Step 7.

**Need to Create an Account?  
Skip to Step 6.**





6. If you chose "Create Account" you will be prompted to fill out a form. Fill in the fields (not all fields are shown) and select a professional license option.

Press the blue "Submit" button. You now have an account with the AIG Learning Center and will continue the registration process.

7. Now that you have logged in or created an account, you will be able to finish registering for the webinar.

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Please enter the Discount Code, "NRRO" and press the green "Apply Discount" button.

You will see the discount applied. Click the green "Complete Registration" button.

### 6 Create Account

Email \*

Password

First Name \*

Last Name \*

Title

(Additional Fields not pictured)

Which professional license do you hold? \*

- Nursing Home Administrator \*
- Nursing \*
- Social Worker \*
- Registered Dietitian \*
- Recreational Therapist \*
- Chaplaincy \*
- Other \*
- None \*

If you chose "Other", please specify

**Submit**

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Approaches to Managing Conflict Within Community Life	<b>Remove</b>	\$59	\$59 - promo	\$0
Discount Code:	<input type="text" value="NRRO"/> <b>Apply Discount</b> <small>(Leave blank if you don't have a discount code.)</small>			
Total:		\$59	\$59 - promo	\$0

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8. You will now see a confirmation screen. To get access to the product, click the green "View product" button.

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Registered at

[Printable Receipt](#)

Product	Registrant	Original price	Discounts	Final price
Approaches to Managing Conflict Within Community Life		\$59	\$59 - promo	\$0
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