



Join us for a **FREE** informative webinar.*

Living Longer and Living Better



DATE / TIME

Wed, August 16, 2023

1:00 – 2:00 p.m. ET



REGISTRATION

This webinar is designed for individual members and leadership of Congregations as well as their healthcare providers.

FREE for Congregational Members*

** This webinar is cosponsored by NRRO and is free to all members of a Congregation. Please see registration instructions for details.*

To Register Online

[Go to www.avilainstitute.org](http://www.avilainstitute.org)
[to register for this webinar.](#)

Registration Directions

Registration directions are included on pages 2-4 of this flyer. For additional assistance, please contact support@avilainstitute.org.



VIDEO ARCHIVES

Past NRRO webinars are archived and available for FREE.

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Over the last century, we have almost doubled our lifespan, but not necessarily our healthspan. Research shows that for most seniors, added longevity has resulted in decreased health rather than increased quality of life.

Research also shows that those who live as members of Religious Communities live up to seven years longer than those that do not. So, this begs the question: what can we do, individually and as a community, to improve senior quality of life?

Using current research as a guide, Mr. Norwood will explore why answering this question is more difficult than it appears, and he will offer some ideas for what we can do now to improve the quality of life and health of all seniors.



Meet the Presenter: Alfred Norwood, MBA, BS


Alfred has been developing curriculum and teaching for the Avila Institute of Gerontology for the last 15 years. He has created and presented workshops and in-services on a number of topics associated with aging. He is a great believer in the integration of biological

and behavioral research for dementia treatment. He has years of experience working as a consultant for long-term care systems and facilities and training staff in the use of non-pharmaceutical, individualized care plans for residents with moderate to severe dementia.



STEPS FOR WEBINAR REGISTRATION

1. To register, click this link: <https://avila.elevate.commpartners.com/nrro-webinars>
You will see the current title for the upcoming NRRO cosponsored webinar listed.
2. Click the green "Register" button.



1-2

NRRO Webinars

Since 2011, The National Religious Retirement Office (NRRO) and the Avila Institute of Gerontology (AIG) have been collaborating to offer webinars to Religious Communities. The webinar topics are chosen by NRRO and AIG, and reflect the expressed needs and interests of Religious Communities. The co-hosted webinars do not offer continuing education credit hours.

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“Darting About as Sparks through Stubble”: Making the Most of the Days We Have

📅 Includes a Live Web Event on 05/16/2023 at 1:00 PM (EDT)

Overview
Speaker
Flyer

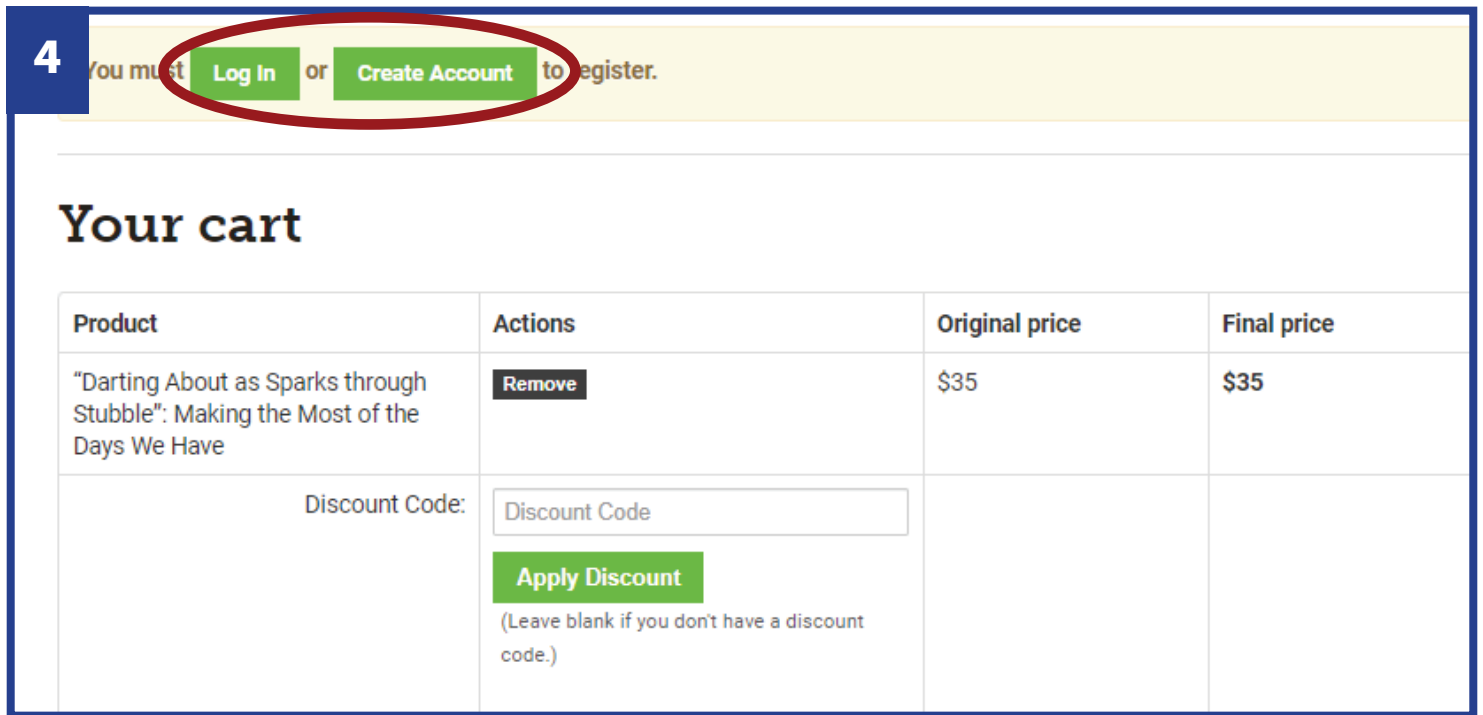
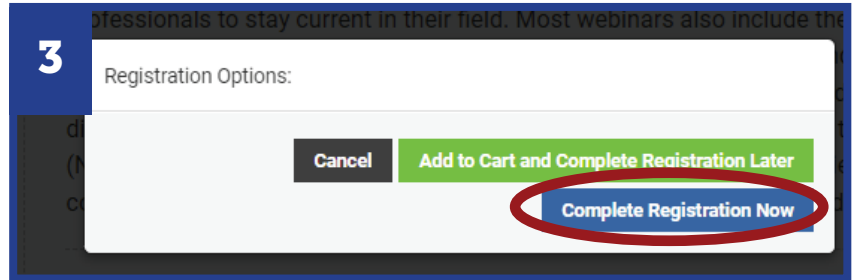
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More Information



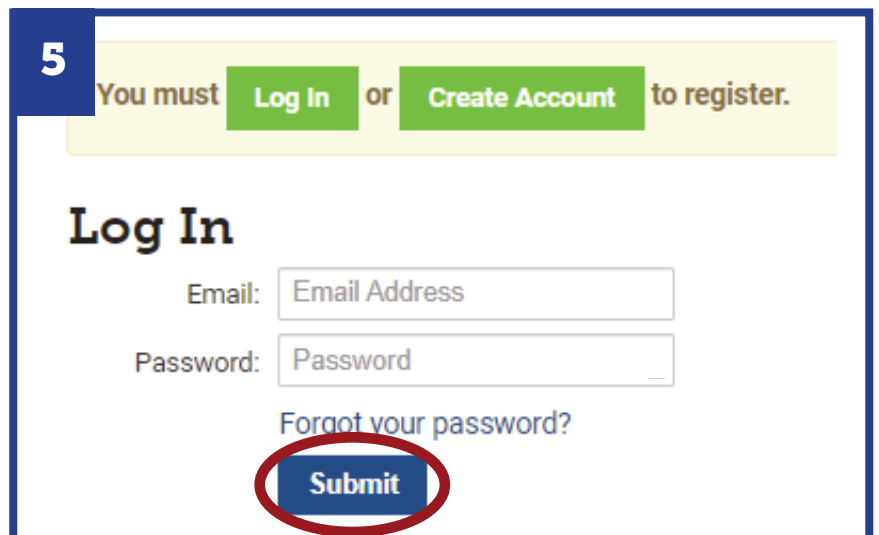


- 3. A pop-up for Registration Options will appear. Click on the blue "Complete Registration Now" button.
- 4. If you are not already logged in, you will see two options on top to either "Log In" (Step 5) or "Create Account" (Step 6). You need to pick one to continue registration.



- 5. If you have an existing account and chose "Log In," you will be prompted to type in your email and password. Press the blue "Submit" button. Proceed to Step 7.

***Need to Create an Account?
Skip to Step 6.***





6. If you chose "Create Account" you will be prompted to fill out a form. Fill in the fields (not all fields are shown) and select a professional license option.

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7. Now that you have logged in or created an account, you will be able to finish registering for the webinar.

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Please enter the Discount Code, "NRRO" and press the green "Apply Discount" button.

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Password

First Name *

Last Name *

Title

(Additional Fields not pictured)

Which professional license do you hold? *

- Nursing Home Administrator *
- Nursing *
- Social Worker *
- Registered Dietitian *
- Recreational Therapist *
- Chaplaincy *
- Other *
- None *

If you chose "Other", please specify

Submit

7

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