



INTERCEDE



PRAY

Our Father, 3 Hail Marys, Glory Be

REFLECT

To a woman facing an unexpected pregnancy in difficult circumstances, adoption is sometimes felt to be worse than aborting her child. In reality, placing a child for adoption is a loving, generous, and sacrificial option that demonstrates a woman's profound, long-term motherly care. In considering and choosing whether to place her child for adoption, a mother seeks what is *best* for her child, making a selfless act of love. Still, a woman considering adoption may experience a number of conflicting emotions. It is essential that she be supported throughout and after the process, whether she decides to place her child with another loving family or to raise her child herself.

By grace, we are made children of God through adoption and can call him, "Abba, Father!" (*Rom.* 8:15). This spiritual adoption also makes us brothers and sisters in the Lord. Let us call on the intercession of our brothers and sisters in heaven—the saints! Through our united prayers, may expectant mothers making an adoption plan receive the support and care of the Christian community as they make a loving choice for their children.

ACT *(choose one)*

- Offer this Prayer for Pregnant Mothers (walkingwithmoms.com/prayer-for-pregnant-mothers), praying especially for the featured intention.
- Abstain from meat or another enjoyment for one day this week.
- Offer some other sacrifice or prayer that you feel called to do for the featured intention.

ONE STEP FURTHER

Learn more about how you can support women by reading "Accompanying Expectant Mothers Considering Adoption": respectlife.org/mothers-considering-adoption

DID YOU KNOW?

November is recognized as National Adoption Month. The USCCB offers a novena seeking the intercession of the foster father of Jesus. Consider praying the St. Joseph Adoption Novena (bit.ly/adoption-novena), at any time of the year.

For additional prayers, resources, and ideas on supporting mothers in your local area:

www.WalkingWithMoms.com