



# ACTION GUIDE

## RESPECT LIFE MONTH: OCTOBER

### INTRODUCTION

Every October the Catholic Church in the United States celebrates *Respect Life Month*, and the first Sunday of October is observed as *Respect Life Sunday*. As Catholics, we are called to cherish, defend, and protect those who are most vulnerable, from the beginning to the end of their lives, and at every point in between. During the month of October, the Church asks us to reflect more deeply on the dignity of every human life.

The U.S. Conference of Catholic Bishops provides resources to help parishes, schools, families, ministries, and individual Catholics share the Gospel of life during Respect Life Month and throughout the year. In the following pages, you will find a number of resources to help you celebrate Respect Life Month. Action ideas and activities, a sample timeline, homily helps, announcements, and intercessions are provided to help you get started. Adapt these resources as needed to fit your specific circumstances. Additional materials can be found at [respectlife.org/respect-life-month](https://www.respectlife.org/respect-life-month).

**Additional materials can be found at [respectlife.org/respect-life-month](https://www.respectlife.org/respect-life-month).**

